

WALKER MANUAL - ARA PLUS



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1.- Important

Read the manual carefully before using this product and keep it in case of need.

If you cannot read or understand any warning, caution or instruction, contact the seller before using the product or you may be at risk of harm.

Consult your physician or orthopaedic specialist before use. They will advise you as to the most appropriate walking technique for you.

2.- Icons used on the label and in the manual

	Manufacturer details
	Date of manufacture
	Medical Device
	Observe safety instructions
	Maximum user weight in kg
	Declaration of Conformity
	Caution, danger of entrapment
	Check the user manual
	Product recycling information
	Recycling centre
SN	Product serial number
LOT	Product batch number
REF	Product reference or code

3.- Product use

Walkers are aids to help people with walking difficulties and assist them to support themselves and keep their balance while walking.

4.- Product description



1. Rubber grip
2. Adjustable grip tube
3. Height adjustment clip
4. Seat
5. Front wheels
6. Rear wheels
7. Platen
8. Ferrule

5.- Warnings and safety

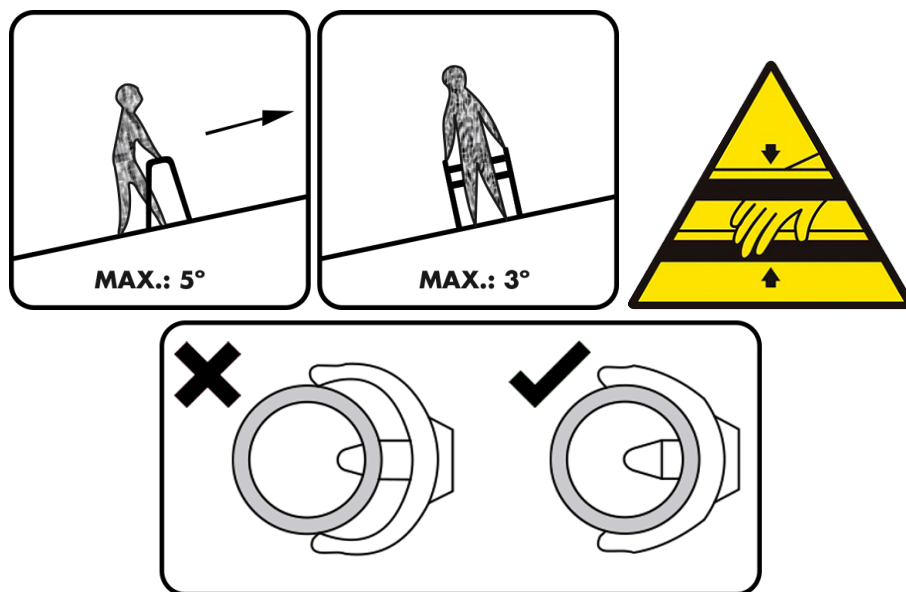


Failure to follow these safety precautions may result in serious injury.

- Do not exceed the maximum weight limit of 130 kg.
- If the walker has a basket, do not exceed its maximum weight capacity (3 kg). Loads can only be carried in the basket. Do not place heavy objects on the walker. It might make it unstable.
- Make sure all parts are securely fastened and in good working order before using the walker.
- Make sure the walker is completely open and the seat is securely fastened before use.
- Make sure that the two grips are fixed by the adjustment clip and are both at the same height. Check that the walker is stable before putting your full weight on the handles.
- Do not use the seat when the walker is on sloping or uneven ground. Only use the walker on flat, solid surfaces.
- Replace the wheels and ferrules if they are badly worn or damaged.

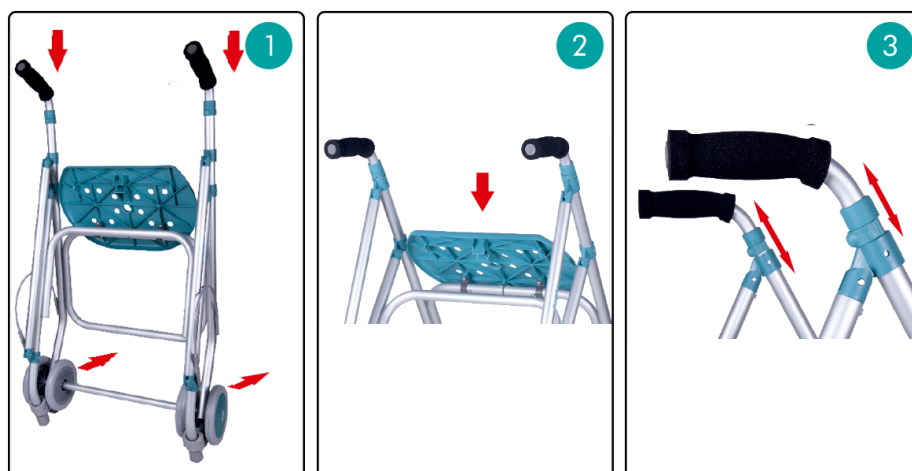
- Do not use the walker to overcome sidewalks or kerbs.
- When sitting down or standing up, the user must place both hands on the corresponding handles and ensure that the pressure brakes are engaged and the walker is securely locked.
- Do not move the walker while you or another person is sitting on it. This product is a walking aid and should not be used for transporting anything.
- Do not use the walker on stairs or escalators.
- Use only original Forta brand accessories and parts.
- Do not use the walker to walk backwards, in the opposite direction to the direction you are facing.
- Do not make any adjustment or change to the walker while it is in use.
- All wheels and ferrules must be in contact with the ground at all times.
- Do not use the walker to mount curbs or sidewalks.
- Do not use the product on wet, icy or snowy inclines.
- If any part is damaged, broken or worn, contact your distributor for a replacement.

6.- Assembly and use



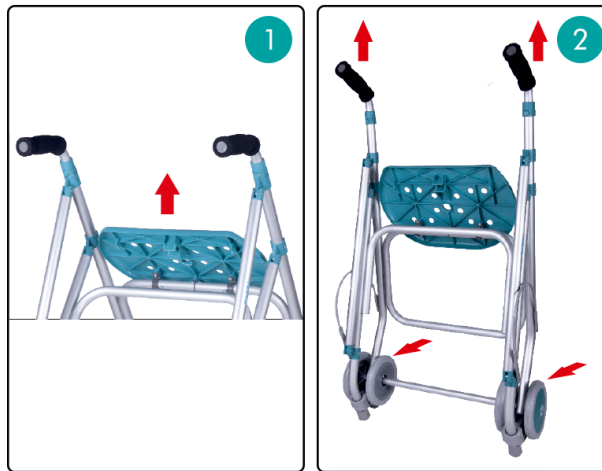
To unfold the walker, follow the instructions below:

1. Lean the walker on its rear legs and push the grips forward until they stop.
2. Lower the seat and fit it into the support tube.
3. To adjust the height of the handles, remove the adjustment clip, adjust the height, and then reposition the clip to secure it in place.



To fold the walker, follow the instructions below:

1. Pull the seat out of the support tube by pulling it upwards.
2. Lean the walker on its rear legs and pull the grips until folded.



This model is equipped with pressure brakes; here is how they work:

1. To activate the brakes, the user must lean on the walker's handles or sit on the seat. Both actions will cause the rear tips to descend until they touch the ground and stop the walker.
2. To resume walking, the user must stop applying pressure on the walker and then push the handles to use it normally.

7.- Technical Specifications

Dimensions, load-bearing capacity and weights are listed below:

HEIGHT	LENGTH	WIDTH	FOLDED LENGTH
850 - 960mm	620mm	570mm	245mm
SEAT MEASUREMENTS	HEIGHT TO SEAT	FRONT WHEELS DIAMETER	REAR WHEELS DIAMETER
400x260mm	530mm	150mm	75mm
INSIDE WIDTH	WEIGHT	MAXIMUM LOAD	
430mm	3,880kg	130kg	

8.- Care and maintenance



Failure to care for and maintain the product in perfect condition may lead to the risk of an accident.

- Clean the product regularly with warm water and a soft cloth. Do not use abrasives, detergents or solvents.
- Wipe dry with a clean, soft, dry cloth.
- Make sure there is no build-up of dirt or hair around the axle or wheels.
- Do not use cleaning agents containing phenol or chlorine, which might damage the materials.
- If the wheels squeak, lubricate them with a little oil.
- In the event of a fault, do not repair the walker yourself. Consult an authorised distributor.

9.- Recycling the product



When the product has become unusable and requires disposal, contact your specialist dealer. If you want to recycle it yourself, ask your local waste management company or nearest recycling centre for advice on disposal.

10.- Storing the product



If not correctly stored, the product may be damaged leading to the risk of an accident.

- Do not store this product for an extended period of time near a heat source or in the sun (e.g. in front of a window or near a radiator) or near a cold source.
- Keep the product away from flames and sparks.
- Store the product as follows:
 - Store the product in a dry, cool place.
 - Protect the product from dust and rust by packaging or bagging it.
 - Store all removed parts or components together in one place so they do not get mixed up with anything else or get lost.
 - Do not place any weight on any components (do not place heavy objects on the product or on any component).

11.- Useful life

The expected useful life of the product is 1 year in normal conditions of use, safety and maintenance. After that time, the product can be used as long while it remains in perfect conditions of use and maintenance. Some parts or components may in any event have to be replaced due to normal wear and tear within less than this time.

12.- Warranty and after-sales service

Warranty terms and conditions:

Only original Forta products purchased from authorised dealers are covered by the warranty against defects in parts and workmanship.

The warranty runs from the date of purchase for 3 years for structure and components subject to the following conditions:

- Only original FORTA products purchased from authorised dealers will be covered by the warranty against defects in parts and workmanship.
- The purchasing establishment must give notice of any defect in the product immediately.
- The manufacturer will not have any liability for defects caused by improper handling, negligence or failure to follow the instructions set out in this manual.
- During the warranty period, any part that proves defective due to faulty assembly or materials will be repaired or replaced free of charge by Forta.
- The warranty will be absolutely void if incorrect modifications or adjustments are made to the product or if parts or options not supplied for the product model are fitted.
- Damage from rust caused by misuse or negligence or the action of any liquid or gas that may damage the product are excluded from the warranty.

THE WARRANTY DOES NOT COVER THE CONSEQUENCES OF ANY TRAVEL PROBLEM, IN PARTICULAR ISSUES RELATING TO TRANSPORT, LOSS OF PROFIT, EXPENSES, ETC.

Forta will have NO liability in the following circumstances:

- Normal wear and tear of the product or inappropriate or incorrect use.
- Defects in any assembly or repair carried out by the purchaser or a third party.
- Negligent handling or maintenance or use of unsuitable parts.
- Repairs or modifications carried out in non-official workshops.
- Forta will have no liability for any harm or loss suffered by the user or any third party as a result of any modification to or alteration of any product.
- The warranty also excludes modifications made other than with original Forta parts.

The warranty certificate must be sent to FORTA, S.L. together with a photocopy of the purchase invoice within 15 days from the date of purchase. To validate the warranty, the user must submit the warranty certificate bearing the stamp the seal of the outlet that sold the product. You can download the warranty certificate here: <https://www.fortasl.es/manuals/doc/GARANTIA%20CONTRACTUAL.pdf>.

13.- Tests and trials carried out

FORTA products comply with Annex IV to MDR (EU) 2017/745, are CE marked and have been designed and tested in accordance with UNE-EN ISO 11199-1:2022. Forta is obliged to certify compliance by its products with a number of essential requirements. There is a standard that specifies the inspection and testing methods to show compliance of the products with those requirements. The standards that the product complies with are listed below:

Brief description of relevant law	Current law
Information provided by the manufacturer	UNE-EN ISO 20417:2021
Quality management system	UNE-EN ISO 13485:2018
Risk management	UNE-EN ISO 14971:2020
Testing of medical devices and walkers	UNE-EN ISO 21856:2023 UNE-EN ISO 11199-1:2022
Biological assessment of medical devices	UNE-EN ISO 10993-1:2021
Maximum load	130 kg

14.- Manufacturer details

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